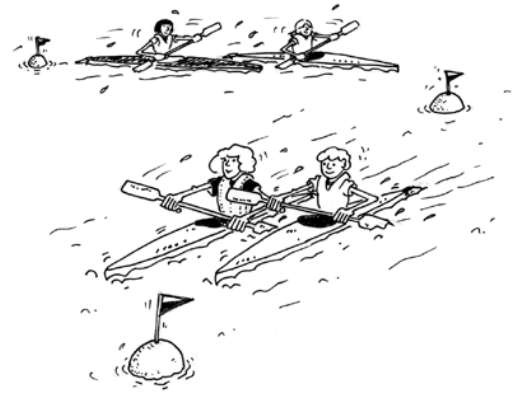


THE MINI SPRINT SERIES 2010

The Mini Sprint Series are run alongside the National Sprint Regattas held at Holme Pierrepont in Nottingham during May, June, July and September.



The Mini Sprint series has been specifically developed to suit the needs of young people who have chosen this discipline at this time. It is part of the Paddlesport foundation which helps them progress into whichever discipline they may eventually choose. The programme has taken into account that full sized K1's, K2's and K4's are too large for young people. Together, the Canoe England's Paddlesport Participation Programme and the BCU Sprint Racing Committee have formed the Mini Sprint Series which has evolved from the Lightning series which was originally only a K1 event.

The aim of the series is:

- To introduce young paddlers to the venue.
- To develop experience of sprint competition at a national event.
- To develop teamwork.
- To have the opportunity to develop paddling skills/speed through organised activities.
- To become motivated to progress through the main classes.
- To meet and make friends with paddlers from other clubs.
- **To enjoy, have fun and become confident sprint paddlers.**

The series has been developed over the years as a weekend event involving coaching activities and racing.

Some changes have been made for 2010 and these are shown in bold.

The paddlers will compete over 500 metres in Lightning K1, Mini K2 and Rocket K4 with heats and finals, run and timed on the main regatta course.

All entries will be made by the clubs Team leader – there will be no separate mini sprint team leaders' meeting

The cost is now per seat; late entry fee will apply, exactly as other junior paddling categories.

Changes have been made to the times of A and B mini sprint categories.

Coaching will be offered and differentiated so that all paddlers will be able to enjoy and benefit from the activities.

Coaching but **no racing in Canadian Canoes** will be included in the weekend.

Only Lightning Kayaks are to be paddled in the K1 events.

Clubs who own Hody K2's should bring them to ensure everyone can paddle in the correct category

MINI SPRINT CUP

Points will be awarded for each event, with double points for the Inter Club event in July.

Regatta dates are as follows:

8th / 9th May National Regatta, Nottingham

5th / 6th June National Regatta, Nottingham

3rd / 4th July Inter Club National Regatta, Nottingham

4th / 5th Sept Mini Sprint Cup Finals – Open & National Championship Regatta, Nottingham

MINI SPRINT CUP RULES 2010: Points are accumulated at each nominated event leading to a final at the September Regatta. The Mini Sprint Cup includes overall prizes for both male and females in each category and overall club prize. Details are as follows:

Entry Conditions

To enter the Mini Sprint Series the young people must be over 9 and under 12 on 1st January 2010, (Year of birth 2000 – 1998) have achieved at least Paddle Power Discover standard and must be able to paddle a K1 Lightning over 500m in less than 4 minutes.

Categories

A – For those who can complete **500m in under 3m 30secs**

B – For those who complete **500m between 3m 30secs and 4m**

Entries

All entry fees are per seat and will be taken with the main regatta entries – see Team Leader's section.

Events

May, June and July, with the Finals at the September Regatta 2010

Points scoring:

All National winners (individual) are awarded on the same system – 2 best regatta scores added to their Mini Sprint Inter Clubs score.

Points scored will count towards the team & individual event.

National Regattas (May, June, September): in K1, K2 and K4.

1st place scores 10 points, 2nd place scores 9 points etc. down to 10th place where everyone after that scores 1 point. The total number of points scored across K1, K2 and K4 will be added together to determine the results at each regatta. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 10 points each.

Inter Clubs Regatta (July): in K1, K2 and K4

1st place scores 20 points, 2nd place scores 19 points etc. down to 20th place where everyone after that scores 1 point. The total number of points scored across K1, K2 and K4 will be added together to determine the results. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 20 points each.

Team event:

The points scoring system is based on each clubs best 2 regatta results. The scores are added to their Mini Sprint Inter Clubs points score.

Promotions:

Promotion from Mini Sprint Category B to A will be based on K1 500m times.

Promotion into Boys D and Girls D is based on normal regatta entry guidelines. See Standards chart on page D1.

Prizes:

Tiddly Winks will be awarded for 1st, 2nd & 3rd places in the K1 final 1 of each category and for the three fastest K2/4 crew in each category within the Mini Sprint series.

Medals will be awarded to the overall series winners 1st, 2nd, 3rd and the Mini Sprint Cup will be awarded to the overall series winning Club/Team.

All participants will be awarded a Certificate at prize giving