

NATIONAL SPRINT REGATTAS

National Regattas 2010

Held at the National Water Sports Centre, Holme Pierrepont, Adbolton Lane, Nottingham.

Date	Regatta	Closing date	Venue
10/11 th April	National & Selection Regatta	Wed 24 th March	Nottingham
8/9 th May	National & Selection Regatta	Wed 21 st April	Nottingham
5/6 th June	National & Selection Regatta	Wed 19 th May	Nottingham
3/4 th July	Inter-Club National Competition	Wed 16 th June	Nottingham
4/5 th September	Open and National Championships	Wed 18 th August	Nottingham

National Water Sports Centre, Nottingham

The National Water Sports Centre is situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham.

Accommodation

Bed & Breakfast is available on site - Bunks, Standard and En Suite, although this gets booked up very quickly.

Lunches and snacks are available from the Centre Cafeteria and Snack Bars.

There are many **hotels** of different sizes and cost in Nottingham, several in the vicinity of the NWSC. The website at www.visitnottingham.com lists a large number of hotels, B&Bs, farmhouses etc. at all prices.

There is a **camp site** run by N.W.S.C. just across the road from the course. Facilities include a toilet, washing and shower block; water points; waste disposal; electric hook-up points and a shop.

The site is open to all competitors, officials and supporters. No booking is required.

There is no overnight **boat storage** available in the boathouses. All canoes should be removed on Saturday night. All canoes on the outside racks at the Centre are left entirely at the owner's risk.

Regatta programmes will be on sale at the Regatta Secretary's desk at the Centre.

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Putting in Entries

Entries must be submitted through your Club Team Leader –
See Team Leaders' Responsibilities pages B10 – B15.

Guidelines for entry into Sprint Racing To promote fair racing and as a guide for coaches, team leaders and paddlers, the racing standards on page D1 show the suggested entry levels for national sprint regattas held at the National Watersports Centre.

All paddlers must be current members of the British Canoe Union and have registered as sprint racing competitors.

Fees for this season have been increased and the charge bands are as follows:-

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
Junior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
	Lightning K1	Hody K2	Rocket K4
Mini Sprints:	£5.00 (late £6.50)	£5.00 per seat (late £6.50)	£5.00 per seat (no late fee)

Please note that K4/C4 fees include the cost of boat hire.

Fees will be reviewed annually.

Club colours must be worn by all competitors in all events.

All kayaks and canoes must have **adequate buoyancy**, be fitted with a number slot and comply with current regulations as to weight. Boat Control will be carried out during national regattas.

Paddlers must supply their own lane numbers (1-9).

National Regattas' Saturday evenings Entertainment and a meal

This year, on the Saturday evenings of a BCU Sprint Racing National Regatta you will not have to leave the NWSC to find somewhere to relax and refuel.

The NWSC in conjunction with the BCU SRC will be making available a themed evening of entertainment along with a special menu at a fixed price (£6.25) in the Regatta Bar

*A selection of hot food will be available from 18.30pm until 21.00 pm.
Entertainment will be provided courtesy of the SRC*

Please note that the Main Centre Servery will close at 18.30 pm on Saturdays.

We hope that you have a successful 2010 race season.

