

STANDARDS FOR RACING

K1 / C1 times on a fast course

Marathon	HC	1000M	500M	200M	Sprint	
Div 1		0	3.30	1.38	0.36	<i><World Champion K1</i> Kayak: Men A
		1	3.34	1.40	0.37	
		2	3.38	1.42	0.38	
		3	3.42	1.44	0.39	
	P	4	3.46	1.46	0.40	
Div 2	D	5	3.50	1.48	0.41	<i>World Champion C1 / WK1</i> Kayak: Men B / Boys A Women A / Masters: Men A Canoe: A
		6	3.54	1.50	0.42	
		7	3.58	1.52	0.43	
		8	4.02	1.54	0.44	
	P	9	4.06	1.56	0.45	
Div 3	D	10	4.10	1.58	0.46	Kayak: Men C / Boys B Women B / Girls A Masters: Men B Canoe: B Snr / B Jnr / WA
		11	4.14	2.00	0.47	
		12	4.18	2.02	0.48	
		13	4.22	2.04	0.49	
	P	14	4.26	2.06	0.50	
Div 4	D	15	4.30	2.08		Kayak: Men D / Boys C Women C / Girls B Masters: Men C / Women A Canoe: C Snr / C Jnr / WB
		16	4.34	2.10		
		17	4.38	2.12		
		18	4.42	2.14		
	P	19	4.46	2.16		
Div 5	D	20	4.50	2.18		Kayak: Boys D / Girls C Women D Masters: Men D / Women B Canoe: D Snr / D Jnr / WC
		21	4.54	2.20		
		22	4.58	2.22		
		23	5.02	2.24		
	P	24	5.06	2.26		
Div 6	D	25	5.10	2.28		Kayak: Girls D Canoe: Women D
		26	5.14	2.30		
		27	5.18	2.32		
		28	5.22	2.34		
	P	29	5.26	2.36		
Div 7	D	30	5.30	2.38		Regional Regattas recommended
		31	5.34	2.40		
		32	5.38	2.42		
		33	5.42	2.44		
	P	34	5.46	2.46		
Div 8	D	35	5.50	2.48		Regional Regattas recommended
		36	5.54	2.50		
		37	5.58	2.52		
		38	6.02	2.54		
	P	39	6.06	2.56		
	D			3.00		Minimum K1 National Regatta
				3.30		Minimum Mini Sprint A
				4.00		Minimum Mini Sprint B

Promotions (P) and demotions (D) are possible on 1000m, 500m, 200m and marathon results. The handicap (HC) is the number of seconds longer that it takes to paddle the distance a zero paddler covers in one minute.